



FORMAN CHRISTIAN COLLEGE

(A CHARTERED UNIVERSITY)

DEPARTMENT OF RELIGIOUS STUDIES

SPRING-2022

1. Instructor Information	
Name	Zaneera Azam
Designation	Lecturer of Religious Studies
Office Hours	1:00 to 2:00 pm (Monday-Thursday)
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2. Course Information	
Course Title	ISLAMIC EDUCATION
Course Code	ISLM101
Credit Hours	3 Credits
Pre-requisite	None
Status	Compulsory

3. Introduction & Course Content

This course is a compulsory requirement for general education and aims at rational and pragmatic understanding of Islamic beliefs, pillars, practices, values, and socio-moral principles. The course teaches a step by step approach to live a meaningful, happy, fulfilling, and successful life. Islamic Education significantly improves learners' self-awareness through various exercises that help them explore their potentialities and identify the main aim of their Endeavour. Students also learn how to derive fundamental principles of daily life from the Qur'an and Hadith and apply them for decision making and problem solving. Various projects and class activities motivate students to think critically and reflectively upon their personal belief system, values and learning experiences. The course recommends the Right Path to attain success here and hereafter. Special emphasis is on personal quality, faith development, self-purification and character building to raise faithful, informed, ethical and responsible citizens who are prepared to learn, lead and serve. The contents include but not limited to the following:

- Role and Importance of Religion in Human Life
- Meaning, Message and Characteristics of Islam
- Articles of Islamic Faith and their Impact on Human Thought and Action
- Pillars and Practices of Islam and their Significance for Personal and Social Transformation
- Islamic Socio-Moral Principles and their Roles in Individual and Social Lives
- Islam, Pakistan and the Modern World

3. Student Learning Outcomes

By the end of the course, students will be able to:

- Appreciate Islam as the best pathway for holistic well-being.
- Analyze the role of faith, spirituality, and character in daily life.
- Develop personal quality to attain worldly success and ultimate bliss.
- Derive guiding principles from the Holy Qur'an and Sunnah/Hadith for everyday life.
- Work as a team member in a challenging and diverse environment to achieve common goals.
- Identify true nature of human 'SELF' and explore the purpose of life.

4. Course Ethics and Policies

For the successful qualification of the course, students must:

1. abide by the course policies and requirement stated by the institution and the teacher.
2. stay updated, attend regular classes, consult online resources, do assigned readings, meet deadlines for assignments, do activities outside of classroom as required, and adhere to values and policies of FCC.
3. show ethical and responsible behavior and do not plagiarize, copy or cheat. Such behavior will be dealt in accordance with the Academic Integrity Policies of FCC.
4. attend all classes and activities as per university rules and class policy set by the instructor.

5. Assessment and Grading Criteria

Students' performance will be measured on the following criteria:

1. **Studentship: (20%)**

Class attendance beyond 70%, Prompt online communication, Active participation in learning process, On-time completion of exercises and tasks, Responsible attitude and ethical behavior, and reflective journals.

2. **Assignments: (40%)**

Each student will be given two assignments based on Qur'an and Hadith to read some specific texts and derive fundamental principles of life. Each assignment will carry 20 marks.

3. **Teamwork/Group Project: (20%)**

Class will be divided into small groups and each group will be required to study an assigned socio-moral problem and suggest solutions in the light of Islamic teachings. Each group will make a class presentation.

4. **End-term Examination: (20%)**

There will be an end-term exam from recommended texts, assignments, discussions, attachments, videos. The examination may contain both subjective and objective types of questions.

6. Recommended Readings/Texts

1. Dr. Muhammad Hamidullah ***INTRODUCTION TO ISLAM***
Sh. M. Ashraf, Lahore
2. Dr. Hafiz Abdul Ghani ***FAITH, SPIRITUALITY, CHARACTER***
Islamic Publications, Lahore (2018)
3. Khursheed Ahmad (Editor) ***ISLAM ITS MEANING AND MESSAGE***
The Islamic Foundation, UK
4. Lord Northbourne ***RELIGION IN THE MODERN WORLD***
Suhail Academy, Lahore
5. Material provided/recommended by the class teacher

8. WEEKLY CLASS PLAN (Tentative)

Note: This is purely a tentative plan. Students must check their Moodle account for updates.

S #	Theme	Topics	Online Resources/ Homework
1	Getting to Know	<ul style="list-style-type: none"> Welcome & Introductions Course Policies/ assignments What is the purpose (Brainstorming)? 	<ul style="list-style-type: none"> Material arrangement
2	Context Building (Fundamental Questions)	<ul style="list-style-type: none"> Who are we? What do we want? What is the meaning of life? What is Success and how to attain it? What is Religion and what is its role? 	<p>Listen to Qawali اپنا مقام پیدا کر at: https://www.youtube.com/watch?v=wK2d2N1NJ8k&t=636s</p> <ul style="list-style-type: none"> Reading from FSC (Pp 8-26)
3	Context Building (The Answers)	<ul style="list-style-type: none"> Three Steps <ol style="list-style-type: none"> Know Thyself (who we are) Write Your Mission Statement (what you want) Follow the Right Path (Role of Religion) <p style="text-align: center; color: red;">Visit Moodle for Exercises & Details</p>	<p>Visit following websites to complete Self-awareness Exercise</p> <ul style="list-style-type: none"> Personality Type Test: www.16personalities.com Learning Style Test www.whatismylearningstyle.com Multiple Intelligence Test https://personalitymax.com <p>Exercises:</p> <ul style="list-style-type: none"> Hierarchy of Needs I have a Dream My Mission Statement Reading from FSC (Pp 8-26)
4	ISLAM (The Right Path to live a fulfilling life)	<ul style="list-style-type: none"> Islam: meaning, message, and merit Islamic paradigm: Inside Out Become great, do great, have great The Islamic Principles of fulfilling life Principle 1: FAITH The nature of faith and how it works Exercise (See-Do-Get) Types of faith (Secular/ Religious) Levels of Faith How to strengthen faith 	<ul style="list-style-type: none"> Reading: FSC (Pp 27-45) Working on Quranic Assignment Watch: The Secret – Law of Attraction and reflect on how faith works https://www.documentarymania.com/player.php?title=The%20Secret
		<ul style="list-style-type: none"> Islamic Faith/ Islamic Paradigm Articles of Islamic Faith 	

5	Faith	<ul style="list-style-type: none"> • God: Supreme Being, Universal Soul, Universal Principle, Supreme Energy • Existence: Cosmological, Teleological, Moral, Intuitive, Spiritual arguments 	<ul style="list-style-type: none"> • Reading: FSC (Pp 46-80) • Working on Surah assignment
6	Faith	<ul style="list-style-type: none"> • Angels: (Calling the Forces) • Nature of existence of Angels • Types of Angels • Significance of belief in Angels • Prophets: Sources of Inspiration & Role Models 	<ul style="list-style-type: none"> • Reading: FSC (Relevant Pages) • Working on Surah assignment
7	Faith	<ul style="list-style-type: none"> • Holy Books: True Principles of Life • Hereafter: Begin with the End in Mind, What Next- Super Human Life, Ecstasy, Destination of soul 	<ul style="list-style-type: none"> • Reading: FSC (Relevant Pages) • Working on Surah assignment
Assignment 1 (Surah Study)			
8	Islamic Spiritual Practices (Pillars of Islam)	<ul style="list-style-type: none"> • Principle 2: Self-purification • A life beyond Physical Realm • The Nature of Human Self • Spiritual Pathways • Islamic Way of Self-transformation • Introduction to Pillars of Islam 	<ul style="list-style-type: none"> • Reading: FSC (Pp 132-140) • Working on Hadith Assignment • Self-purification is about mastery.
9	Islamic Spiritual Practices (Pillars of Islam)	<ul style="list-style-type: none"> • Principle 2: Self-purification • Shahadah: Mental Cleansing- Instilling Islamic Paradigm, Focus, Allah the Ultimate Goal, Muhammadan way • Prayer: Complete Surrender and Devotion to Allah, God Centred Life 	<ul style="list-style-type: none"> • Reading: FSC (Pp 141-152) • Working on Hadith Assignment
10	Islamic Spiritual Practices (Pillars of Islam)	<ul style="list-style-type: none"> • Zakat: Weeding out Greed and inculcation of Giving and Service • Fasting: I am the Master not the slave of my Habits; I have Will power and Control (Self-mastery) 	<ul style="list-style-type: none"> • Reading: FSC (Pp 153-195) • Working on Hadith Assignment • Watch Hempfling - HorseLand - The Movie - A Documentary about a Path of Life-Mastery at: https://www.youtube.com/watch?v=CIEvPyql6IA&t=4100s
Assignment 2 (Hadith Study)			
11	Islamic Spiritual Practices (Pillars of Islam)	<ul style="list-style-type: none"> • Hajj: Back to the Basics (Yatra) Spiritual Renewal, Unity, Born-again, Detachment 	<p>How to perform Hajj. A step by Step guide</p> <p>https://www.aljazeera.com/focus/hajj/2009/11/2009111895127111168.html</p>

12	Islamic Moral Values (Character Building)	<ul style="list-style-type: none"> • Principle 3: Character/Integrity • Does Character really matter? • Exercise: 2C's 	<ul style="list-style-type: none"> • Reading: FSC (Pp 196-219) • Watch Movie: <i>The Words</i> and find the reason why cheating is bad.
13	Islamic Moral Values (Character Building)	<ul style="list-style-type: none"> • Principle 3: Character/Integrity • What is Authentic Character (Stages of Moral Development) 	<ul style="list-style-type: none"> • Reading: FSC (Pp 196-219) • Read Lawrence Kohlberg & Jean Piaget on moral Theory
14	Islamic Moral Values (Character Building)	<ul style="list-style-type: none"> • The Islamic way of character building • TAQWA: God Consciousness • My Core Values Exercise 	<ul style="list-style-type: none"> • Reading: FSC (Pp 219-239) • Assignment (Optional): <i>FCC Core Values in the light of Islam</i>
15	End-term Learning Journals (Reflection)		
16	End-term Examination		