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| **Course Name: Introduction to Psychology** |
| **Course Code: PSYC 100** | **Course Credits:** 3 |
| **Class Timings:** MWF: 11 AM to 11:50AM | **Section:** D | **Student Meeting Hours/ Office Hours: Monday, Wednesday & Friday: 1 PM to 2 PM** |
| **Instructor Name: Nazia Asif Takkhar** |
| **Instructor Contact Details**Email: naziatakkhar@fccollege.edu.pk**Guidelines for contacting instructor:** If you wish to discuss any query regarding the course or have any other concern, feel free to visit me during my office hours, or write an email to me to get an appointment. |
| **Course Description**:A detailed overview of the historical background and subfields of Psychology, research methods, biological basis of behavior and psychological processes such as sensation, attention, perception, learning, memory, motivation, emotions, intelligence, thinking and personality. A brief introduction to psychological disorders, treatment, social and health psychology are also included. This course will consist of majorly synchronous teaching. |
| **Main Mode of Instruction:** On campus regular classes.**Technology Requirements** The students need to be in the habit of checking their emails and Moodle accounts on an everyday basis, while also being well-familiar with MS Teams.**Technology Etiquettes:** * In order to ensure effective learning and healthy classroom participation, it is absolutely essential for all the students to keep their videos on at all times, in case of online classes.
* At instances when they have to ask a question or answer one, or have an experience to share, they should virtually raise their hands to get the instructor’s attention.
* The students are also expected to keep themselves on mute, during all times, except for when they are expected to answer in class.

**Considerations for Students with Limited Internet/Technology Access:** The recordings of all the live classes that will take place will be uploaded on Moodle, regularly, right after the class ends. |
| **Course Objectives** A detailed overview of the historical background and subfields of Psychology, research methods, biological basis of behavior and psychological processes such as sensation, attention, perception, learning, memory, motivation, emotions, intelligence, thinking and personality. A brief introduction to psychological disorders, treatment, social and health psychology are also included.  |

**Course Content, Learning Material & Activities Schedule**

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| **Week** | **Topic** | **Reading** | **Due** |
|  | Review of the Course Outline and introduction to Psychology |  |  |
|  | The Evolution of Psychology | Chapter 1 | Quiz 1 |
|  | The Research Enterprise in Psychology | Chapter 2 | Quiz 2 |
|  | The Biological Bases of Behavior | Chapters 3 | Quiz 3 |
|  | Sensation and Perception | Chapter 4 | Quiz 4 |
|  | Learning  | Chapter 6 | Quiz 5 |
|  | Human Memory | Chapter 7 | Quiz 6  |
|  | Intelligence and Psychological Testing | Chapter 9 | Quiz 7 |
|  | Motivation and Emotion | Chapter 10 | Quiz 8 |
|  | Personality: Theory, Research and Assessment | Chapter 12  | Quiz 9  |
|  | Stress, Coping and Health | Chapter 13 | Quiz 10 |
|  | Social Behavior | Chapter 16 | Quiz 11 |
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 | Psychological Disorders  | Chapter 14 and 15 | Quiz 12 |
|  | Treatment |  | Quiz 13 |

**Textbooks, Materials, Supplies, and other Resources**

Weiten, W. (2005) Psychology: Themes & Variations (7th ed). Belmon CA. Wadsworth.

**Other Reference Material**: Handouts, Articles and other related material provided by the instructor.

**Course Requirements:**

*This course will consist of the following grading components:*

**Class Participation**

Productive, respectful and fruitful discussion, answering of questions, raising questions and sharing real life examples are all the key towards an effective learning experience.

**Written Assignment**

During this semester, the students will be asked to prepare a written assignment on one of the topics covered. Students will be expected to apply their knowledge and understanding of what they have learned in this course. The assignment should follow the academic style of writing with proper APA style referencing (7th edition).

**Quizzes**

There will be 13 quizzes in the semester, each of 10 marks, consisting of MCQs and short questions. You will be provided with about a 12 hours’ time window to get the quiz done. If you are unable to do so and miss the quiz you will not be allowed to take the quiz later. **NO MAKE-UP quizzes will be held,** until and unless there is an unavoidable emergency, for which the student will have to provide the evidence. I hope, none of us have such an emergency to deal with, this semester and the ones to follow.

**Presentation**

At the end of the course, the student will be expected to present on a provided topic and will be assessed upon their communication skills, accuracy of the content, organization, time management and creativity.

**Assigned Readings**

The students will be expected to responsibly go through the assigned readings throughout the semester so that they can effectively participate in class and do well in the assessments.

The course breakup is as follows:

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| **Grading Criteria** | **Marks** | **%** |
| Class Participation & Attendance | 30 | 15% |
| Quizzes (13) * 10 marks each
* 10 MCQs
 | 130 | 65% |
| Assignment | 30 | 15% |
| Presentation | 10 | 5% |
| Total | 200 | 100 |

**Attendance Policy:**

Attendance is mandatory according to the policy of FCC. Students are advised to attend classes regularly in order to boost their class participation and enhance their learning. It is essential that each student is punctual and enters the online classroom on time, so as to not to disrupt the flow of the class and their own understanding. It is in your best interest to regularly attend the classes because lecture material frequently goes beyond the textbook; missing a class will likely affect your understanding of the material and will affect your course grade. In case of an emergency, it is the responsibility of the student to inform the instructor either before the class (if possible) or after, by sending a formal application, clearly stating the reason, to **naziatakkhar@fccollege.edu.pk.**

**Classroom Participation:**

Class participation is absolutely essential and recommended and for this to take place, it is important to consistently read the assigned material and ask questions. It is understandable that some students may be more comfortable while participating as compared to others. However, one of the primary aims of my class is to ensure a comfortable environment in which every student feels at ease to discuss, ask and contribute. The 20 points (10 %) will be based on the following criteria:

* Active quality classroom participation and discussion
* Effort to sincerely communicate in English
* Pertinent and constructive comments/ questions.

**Grade Determination**

*It is absolutely essential to keep in mind that the instructor does not “give” any grade to the student, rather the student achieves the grade as a result of their performance throughout the semester.*

**Cheating** is when a student offers, takes, or possesses information that may aid performance on a quiz or an exam, which is not approved by the instructor. Cheating may result in disciplinary probation and will definitely receive a grade “F” zero for the assignment.

**Plagiarism**refers to the use of words or ideas without acknowledgement of the author or the source. This includes information from websites, articles, books, another student's paper, etc. If you copy someone else’s words, or even paraphrase someone’s ideas without giving them credit, you are plagiarizing.  APA style must be adapted for writing assignments and this will be discussed in detail at the time of distributing assignments.

**\**Plagiarism/cheating of any sort will be referred to AIC (Academic Integrity Committee) at FCC for necessary action.***

Please look into the Plagiarism policy of FCC by clicking on this link: https://www.fccollege.edu.pk/wp-content/uploads/2018/05/FCCU-Plagiarism-Policy.pdf

**Grading Legend**

Below is the grading legend of FCCU (published in all catalogues and available on the FCCU website) as approved by the Academic Council

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| --- | --- | --- | --- |
| **Grade** | **Point Value** | **Numerical Value** | **Meaning** |
| A | 4.00 | 93-100 | Superior |
| A- | 3.70 | 90-92 |
| B+ | 3.30 | 87-89 | Good |
| B | 3.00 | 83-86 |
| B- | 2.70 | 80-82 |
| C+ | 2.30 | 77-79 | Satisfactory |
| C | 2.00 | 73-76 |
| C- | 1.70 | 70-72 |
| D+ | 1.30 | 67-69 | Passing |
| D | 1.00 | 60-66 |
| F | 0.00 | 59 or below | Failing |

**Student Conduct & Other Issues:**

As the classes will be conducted online and each one of us will not be meeting personally, it is at times the tendency to take the class casually. We need to strictly keep in mind that regardless of whether the class is online or in-person, we are meeting for an academic purpose and interacting with a) an instructor and b) peers that deserve equal degree of respect and regard. I would advise each one of you to sit at a place which is preferably quiet, dress up in a “classroom appropriate” manner and follow the same conduct which you would have, in case we were meeting on campus. For all the online classes, **I expect the students to keep their videos on**, until and unless there is a problem with the internet connection. Furthermore, please express your views without judgment of others’ opinions. **Respect Confidentiality -**  Being actively involved in the class sessions and small groups entails some level of personal self-disclosure. Because of the nature of vulnerability, trust, and openness needed to learn about counseling it is extremely important that confidentiality be maintained. Revealing personal information about others outside classroom is a breach of confidentiality.

**Changes to the Syllabus:**

This syllabus was designed to convey course information and requirements as accurately as possible. It is important to note however that it **may** be subject to change during the course depending on the needs of the class and other situational factors. Such changes would be for your benefit and you will be notified of them as soon as possible.

*Please Note:*

*The instructor reserves the right to modify the procedures/ policies and course outline mentioned in this syllabus as dictated by unforeseen circumstances. It is your responsibility to cover the correct material. Instructor will announce changes well in time at class meetings.*